



#SafeNebulizationPractice



DO'S AND DON'TS
of Nebulization in **HOME SETTING**

DO's

DO advise patients to have their full supply of medication to ensure they don't run out of medications at home.¹



DO prevent your caretaker/ family member from staying inside the room with ongoing Nebulization.²



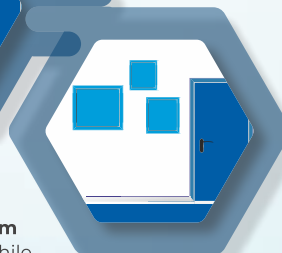
DO wash hands thoroughly before Nebulization using alcohol-based hand sanitizers with greater than 60% ethanol or 70% isopropanol.³



DO perform Nebulization in a well-ventilated room and close the door while Nebulization is being undertaken.²



DO leave the room vacant with the door closed for 30 minutes after the patient has vacated the room.⁴



For more information please visit www.breathefree.com/nebulization

Ref: 1. WHO Interim guidelines 2019. | 2. CDC guidelines www.health.state.mn.us. | 3. <https://www.cdc.gov/coronavirus/2019-ncov/hcp/hand-hygiene.html>. | 4. https://www.health.qld.gov.au/_data/assets/pdf_file/0038/939656/qh-covid-19-infection-control-guidelines.pdf. | 5. www.ncdc.gov.

Disclaimer: This content is for awareness and informational purposes only for the use of health care professionals at a hospital or a laboratory. It does not replace the advice or counsel of a doctor. While Cipla makes every effort to present accurate and reliable information, Cipla does not endorse, warrant, or assume any legal liability or responsibility for, the accuracy or completeness of any information provided. You should consult with, and rely only on the advice of, your doctor or health care professional before use of any medications/ medicines or nebulizer. Updated as on 4th June 2020

DON'Ts

DON'T perform Nebulization in a room from which air can circulate to other areas to minimize exposure risks for health care workers.²



DON'T reuse the equipment & accessories unless they have been washed up using liquid/ hospital grade disinfectants like Isopropanol (70%) or Hydrogen Peroxide (3%).⁴



DON'T let the caretaker get too close (>6 feet) to the patient while Nebulization is being conducted.⁵



DON'T practice Nebulization in a room which is part of the central air-conditioning system.⁵



DON'T share nebulizers between family members. Every nebulizer should be a single-use nebulizer.²

For more information please visit www.breathefree.com/nebulization

Ref: 1. WHO Interim guidelines 2019. | 2. CDC guidelines www.health.state.mn.us. | 3. <https://www.cdc.gov/coronavirus/2019-ncov/hcp/hand-hygiene.html>. | 4. https://www.health.qld.gov.au/__data/assets/pdf_file/0038/939656/qh-covid-19-infection-control-guidelines.pdf. | 5. www.nccdc.gov.

Disclaimer: This content is for awareness and informational purposes only for the use of health care professionals or a hospital or a laboratory. It does not replace the advice or counsel of a doctor. While Cipla makes every effort to present accurate and reliable information, Cipla does not endorse, warrant, or assume any legal liability or responsibility for, the accuracy or completeness of any information provided. You should consult with, and rely only on the advice of, your doctor or health care professional before use of any medications/ medicines or nebulizer. Updated as on 4th June 2020